

City & Hackney's integrated
**Childhood Adversity,
Trauma and Resilience
(ChATR) Programme**

Our vision is a community in which children who are at risk of or have experienced trauma receive the right support at the right time, giving them the best possible opportunity for a healthy future.

Adverse Childhood Experiences (ACEs) are known to impact on physical and mental health throughout the life course. ACEs can include neglect, abuse or household dysfunction.

Practitioners from across and beyond the Health and Social Care system can work together with local communities to prevent and reduce the impact of ACEs by collaborating in ways that are trauma-informed and resilience-focused.

Across City and Hackney we are working in partnership to deliver a shift in how we address and mitigate the impact of trauma and adversity, and maximise the resilience of our children and families.

We are implementing this in three different ways:

- **Our System Approach**
- **Workforce Development**
- **Testing Intervention**

Contact Us

Please get in touch if you are interested in taking part in the workforce development programme or wish to discuss any other aspect of the ChATR Programme.

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NHS
City and Hackney
Clinical Commissioning Group

Hackney

Our System Approach

We are creating an integrated, system-wide approach in City & Hackney based on shared principles drawn from trauma-informed practice and innovation around tackling Adverse Childhood Experiences.

Leadership Commitment – Our strategic approach is endorsed by the leadership of the London Borough of Hackney, the City of London Corporation, City & Hackney Clinical Commissioning Group, and the City & Hackney Safeguarding Children Partnership.

Partner Buy-in – The approach has been developed in partnership with more than 50 local service providers, clinicians and practice experts representing a wide range of services. The project team will continue to engage with disciplines to ensure meaningful culture change.

Co-produced in partnership with our children and families – Lived experience is essential to our understanding of how to drive change. In development is an engagement plan informed by recommendations of the Hackney Young Futures Commission. This work is supported by the System Influencer project which engages with young people in our communities.

Workforce Development

Raising awareness of childhood adversity, trauma and resilience in City & Hackney through developing:

- Understanding of how to support children, families and practitioners in a trauma-informed way.
- Awareness of early intervention services to reduce the need for onward referral.
- Multi-disciplinary collaboration amongst practitioners drawing on multiple perspectives and increasing consistency in approach.
- Sharing of best practice to enable practitioners to provide holistic and integrated relational care.
- Continuous dialogue to generate improvements in pathways and processes that enable transformation which is systemic and trauma-informed.

Support and development for our Workforce:

ChATR Training Courses – In-depth, multi-disciplinary professional development courses focused on supporting children and families with the challenges faced across the life course, informed by the latest evidence.

ChATR Resource Portal – An online hub of videos, articles and publications for use by practitioners.

Community of Practice – An ongoing peer-led forum for practitioners to share resources, experiences and mutual support.

Testing Interventions

Developing and testing interventions to prevent, intervene early and mitigate the impact of Adverse Childhood Experiences, and build resilience in individuals, families and communities.

Interventions will be informed by the latest evidence and emerging needs and will support the delivery of shared strategic objectives.

Trauma-informed Child Protection

Conferences – Working with the Safeguarding & Learning and the Change Support Teams in the London Borough of Hackney to develop and pilot a new approach to Child Protection Conferences. The approach will translate the core principles of trauma-informed practice into transformational processes and procedures that put children and families at the centre of the work.

Further interventions to be developed through 2021

